

# RESEARCH ARTICLE:

# Study on weaning practices adopted by mothers of ICDS beneficiaries

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#### ARTICLE CHRONICLE:

Received: 15.06.2016; Revised: 13.07.2016; Accepted: 23.07.2016 **SUMMARY:** Infant feeding practices constitute a major component of child rearing practices apart from socio – cultural, economic and demographic factors. Somehow these practices constitute one of the most neglected determents of young child malnutrition, Inspite of their important role in growth pattern of children. Survey was conducted with objectives to study socio economics status, weaning practices, month of weaning, type of food given to babies of ICDS beneficiaries. Rural ICDS block were selected purposely and result were recorded and factors responsible for not weaning at proper time were discussed with beneficiaries.

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## **KEY WORDS:**

ICDS, Beneficiaries, Weaning, Growth, Breast feeding, Food

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